

REJUVENATION  Spa

*One*  
**SKI HILL PLACE**  
A ROCKRESORT

# Massage

## THE REJUVENATION MASSAGE

50 min \$125 | 80 min \$170

Our signature massage designed to gently ease tension, relieve weary muscles, enhance circulation, and ease altitude symptoms. Select light to firm pressure and let your therapist create the ultimate feeling of relaxation.

## HIGH ALPINE DEEP TISSUE MASSAGE

50 min \$135 | 80 min \$180

Our therapists use varied techniques to work deeper into the muscles easing pain and chronic aches. Recommended for those who receive frequent massage and desire work in targeted areas.

## ATHLETIC RECOVERY MASSAGE

50 min \$135 | 80 min \$180

Specifically designed to stretch and stimulate muscles used in alpine sports activities. This technique combines active stretching while incorporating firm, broad strokes to lengthen the muscles, stimulate blood flow and aid in joint mobility.

## MOTHER NURTURE MASSAGE

50 min \$125 | 80 min \$170

This treatment gives special care and attention to the Mother-To-Be's comfort by using special cushions that create a relaxing environment. Your therapist uses specialized therapy to provide relief from the many stressors that the body encounters during pregnancy.

*\*Recommended for second and third trimester only.*

## HIGH ALTITUDE HOT STONE MASSAGE

50 min \$135 | 80 min \$180

In this extremely relaxing massage, your therapist combines Swedish massage techniques with warm stones to deeply penetrate sore muscles and relieve stress.

**Add pure oxygen to any massage – 25 minutes add \$25 | 50 minutes add \$50 | 80 minutes add \$80**



# Facial

## THE REJUVENATION FACIAL

50 min \$125 | 80 min \$170

Rejoice in the knowledge that your pure, luminous quality emanates through your skin! Our signature facial uses active, biogenic, paraben-free and preservative-free ingredients that stimulate and nourish skin tissue. The end result is healthy, beautiful skin. Your esthetician will customize this treatment to your specific skin care needs. Suitable for both men and women.

## CLARIFYING MINERAL FACIAL

50 min \$130 | 80 min \$175

This unique facial is designed to address a multitude of skin concerns including acne and oily skin. Our hand-harvested, natural mud contains a blend of vitamins and trace minerals that provide gentle exfoliation and the nutrients your skin needs to remain healthy and beautiful.

## ALPINE RESCUE FACIAL

50 min \$130 | 80 min \$175

Combat the effect of our high alpine environment with this moisturizing facial. Gentle exfoliation combined with our bio natural products will oxygenate your skin and restore hydration leaving you feeling refreshed and renewed.

## LIGHTEN & BRIGHTEN FACIAL

50 min \$130 | 80 min \$175

Lighten and brighten many types of skin discoloration, including age spots, sun damage, acne scars and pregnancy masks. This brightening treatment will help to address pigmentation concerns without the use of harsh chemicals by combining proven natural skin brighteners with gentle exfoliation. A potent dose of antioxidants help to protect the skin while a targeted treatment serum jump-starts a more even complexion.

# Perfect Pairing

## ELEVATION EXPERIENCE

100 min \$230 | 160 min \$320

Soothe away your tension while you savor some time just for you. Combine our Rejuvenation massage and facial to create the ultimate spa experience!

**Waxing services available when paired with a facial. Please inquire about pricing.**

**\*Prices and specials may vary based on season . Call for up to date pricing.**

# *Massage Enhancements*

## **FULL BODY BLISS**

No additional time \$20

Eliminate dry skin. Enjoy your massage with a pure shea butter deep conditioning balm.

## **RENEW HAND & FOOT BALM**

No additional time \$20

Moisturize and nourish cracked or dry hands and feet with hydrating warm pure shea butter.

## **REJUVENATING SCALP TREATMENT**

20 min \$45

This penetrating treatment uses antioxidant rich oils to address oily, dry, itchy or sensitive scalps. Imbalances are relieved as your scalp receives a relaxing massage.

## **FOOT REFRESHER**

20 min \$45

Feel energized with this all-natural sugar scrub foot exfoliation. Treatment includes moisturizing foot massage and warm towel wraps.

**Must be paired with massage**

# *Facial Enhancements*

## **MINI-EYE LIFT**

No additional time \$20

This therapeutic treatment immediately lifts and contours the eye as well as decreases puffiness, dark circles and fine lines. It combines medical grade eye-contouring product with the latest in microcurrent technology, giving you immediate results!

## **LIP BLISS**

No additional time \$20

Enhance hydration and create volume with this advanced lip treatment. This service uses medical grade lip-contouring product with the latest in microcurrent technology, which will leave your lips looking and feeling soft and full.

**Must be paired with facial**

**Add aromatherapy to any treatment \$10**

# *Scrubs and Wraps*

## **HYDRATION SHEA WRAP**

50 min \$135

Nourish your skin with this deeply hydrating treatment. Your skin will be gently exfoliated, followed by a moisturizing organic shea butter wrap. This treatment is the ultimate in relaxation and hydration.

## **DETOXIFYING BODY WRAP**

50 min \$135

This treatment cleanses and detoxifies the body while delivering essential minerals to the skin. Featuring a natural mud body mask followed by a decadent botanical body-butter application, this treatment will leave your skin feeling rejuvenated.

## **RESTORATIVE BODY POLISH WRAP**

50 min \$135

Enjoy a stimulating full body sugar scrub followed by a warming body wrap that allows the products to gently emulsify into the skin. This treatment is finished with a hydrating lotion application, leaving your skin polished and silky smooth.

## **BLUEBERRY SOY-SLIMMING BODY WRAP**

50min \$135 / 80min \$180

This rejuvenating treatment begins with a blueberry sugar scrub followed by an application of our blueberry soy-slimming mask, which drenches your skin in antioxidants and skin-firming herbs and spices. After a blissful scalp and neck massage, a blueberry shimmer lotion is gently applied leaving your skin refined with a warm glow.



# *Helpful Information*

## **RESERVATIONS**

Advance reservations are recommended to ensure your preferred treatment and times are available. Same day reservations and walk in appointments are always welcome based on availability. All reservations must be secured with a credit card or room number.

## **CANCELLATION POLICY**

Should you need to cancel or reschedule your reservation, we ask that you provide 24 hours notice. Failure to do so may result in being charged for the full value of the treatment.

## **GRATUITIES**

A 20% gratuity will be added to the price of your service(s) for your convenience. Additional gratuities are a matter of personal discretion and should reflect your satisfaction with your services.

## **ARRIVAL**

For your relaxation and comfort, we suggest you arrive 15 minutes prior to your reservation. Arriving late to your reservation will limit the time for your treatment, thus lessening its effectiveness and your pleasure. Your treatment will end on time so that the next guest will not be delayed. The full value of your treatment will be applied.

## **COMFORT & SAFETY**

Please discuss your preferences and special needs with your service provider so that we may provide the best experience for you. Please be sure to inform them if you are pregnant, have high blood pressure, a heart ailment, allergies, take medication, and/or any other condition that may prohibit you from receiving heat, massage or skin therapies.

## **HOURS OF OPERATION**

Please call for a current schedule of dates and times. If you have special needs, please contact us and we will gladly do our best to accommodate you. For reservations call 970.547.8815 or extension #8815.

## **PEAK PRICING**

In effect during busy season and prices are subject to change. Call the spa for up to date pricing.

**970.547.8815 | [Breckenridge.com/Rejuvenation](http://Breckenridge.com/Rejuvenation)**