

massage therapies

REJUVENATION MASSAGE

25 MIN | 50 MIN | 80 MIN

This massage gently eases tension and relieves weary muscles, providing the ultimate in relaxation. Your therapist will use varied pressure to customize this massage to your individual needs. *Add \$10 for deep tissue*

ATHLETIC RECOVERY MASSAGE

50 MIN | 80 MIN

Specifically designed to stretch and stimulate muscles used in alpine sports activities. This technique combines active stretching while incorporating firm, broad strokes to lengthen the muscles, stimulate blood flow and aid in joint mobility.

MOTHER NURTURE MASSAGE

50 MIN | 80 MIN

This gentle massage is designed to relieve tension and strain experienced during pregnancy. Your therapist combines specialized therapies to alleviate hip and back pain, improve circulation, and provide much needed serenity for the mom to be. *Note: not recommended during the first trimester or high risk pregnancies.

HIGH COUNTRY STONE MASSAGE

50 MIN | 80 MIN

In this extremely relaxing massage, your therapist combines Swedish massage techniques with warm stones to deeply penetrate sore muscles and relieve stress.

OXYGEN MASSAGE

50 MIN | 80 MIN

We want you to get more out of your vacation and at an elevation of more than 9000' that can be difficult. This customized massage is paired with oxygen and is designed to loosen stiff muscles, relieve altitude discomfort, calm your mind and induce a more restful sleep.

body treatments

BLUEBERRY SLIMMING BODY WRAP

80 MIN

This rejuvenating treatment begins with a blueberry sugar scrub followed by an application of our blueberry soy-slimming mask, which drenches your skin in antioxidants and skin-firming herbs and spices. After a blissful scalp and neck massage, a blueberry lotion is gently applied leaving your skin refined with a warm glow.

DETOX BODY SCRUB

50 MIN

This detoxifying, skin polishing body scrub will reduce the appearance of cellulite and help increase circulation. An antioxidant rich Cranberry Sugar Scrub is used to exfoliate and rejuvenate the skin. This treatment is finished with an application of an active lotion which will tighten and firm the skin.

enhancements *must be paired with service

DEEP TISSUE

NO ADDITIONAL TIME

Add deep tissue to any service for added pressure.

FOOT REFRESHER

20 MIN

Get energized with a detoxifying salt scrub that softens your feet and increases circulation. Warm towels are applied to deepen relaxation and enhance the application of a rich, hydrating lotion to finish.

SCALP MASSAGE & TREATMENT

20 MIN

Warm, antioxidant rich oils are massaged deep into the scalp to alleviate oiliness, dryness, and sensitivity. Your hair and scalp will exuberate vitality and shine after this treatment.

call 970-547-8815 or book online:

<https://ssobe.vailresorts.com/#/en-US/breckenridge/spa/>

massage therapies

REJUVENATION MASSAGE

NON PEAK: 25 min \$85 | 50 min \$135 | 80 min \$180

PEAK: 25 min \$100 | 50 min \$150 | 80 min \$195

ATHLETIC RECOVERY MASSAGE

NON PEAK: 50 min \$145 | 80 min \$190

PEAK: 50 min \$160 | 80 min \$205

MOTHER NURTURE MASSAGE

NON PEAK: 50 min \$135 | 80 min \$180

PEAK: 50 min \$150 | 80 min \$195

HIGH COUNTRY STONE MASSAGE

NON PEAK: 50 min \$145 | 80 min \$190

PEAK: 50 min \$160 | 80 min \$205

OXYGEN MASSAGE

NON PEAK: 50 min \$185 | 80 min \$260

PEAK: 50 min \$200 | 80 min \$275

ENHANCEMENTS *must be paired with massage

FOOT REFRESHER | 20 min \$45

SCALP MASSAGE & TREATMENT | 20 min \$45

FACE, NECK & DECLLOTTE MASK | 20 min \$55

body therapies

BLUEBERRY SLIMMING BODY WRAP

NON PEAK: 80 min \$190

PEAK: 80 min \$205

DETOX BODY SCRUB

NON PEAK: 50 min \$150

PEAK: 50 min \$165

enhancements

DEEP TISSUE

No additional time \$10

FOOT REFRESHER

20 min \$45

SCALP MASSAGE & TREATMENT

20 min \$45

helpful information

RESERVATIONS

Advance reservations are recommended to ensure your preferred treatment and times are available. All reservations must be secured with a credit card or room number.

CANCELLATION POLICY

Should you need to cancel or reschedule your reservation, we ask that you provide 24 hours' notice. Failure to do so may result in being charged for the full value of the treatment.

GRATUITIES

A 20% gratuity will be added to the price of your service(s) for your convenience. Additional gratuities are a matter of personal discretion and should reflect your satisfaction with your services.

ARRIVAL

Please arrive 5 minutes prior to your reservation. Arriving late to your reservation will limit the time for your treatment, thus lessening its effectiveness and your pleasure. Your treatment will end on time so that the next guest will not be delayed. The full value of your treatment will be applied.

COMFORT & SAFETY

Please discuss your preferences and special needs with your service provider so that we may provide the best experience possible for you. Please be sure to inform your provider if you are pregnant, have high blood pressure, a heart ailment, allergies, take medication, and/or any other condition that may prohibit you from receiving heat, massage, or skin therapies.

PRICING

Prices are subject to change without notice. Contact the Spa for up to date pricing.